



Team Building

Laser Tag is the optimal activity for team building, as it promotes, team loyalty, and uses a wide range of skills:

Reasons for Team Building include

- Improving communication
- Making the workplace more enjoyable
- Motivating a team
- Getting to know each other
- Getting everyone "onto the same page", including goal setting
- Teaching the team self-regulation strategies
- Helping participants to learn more about themselves (strengths and weaknesses)
- Identifying and utilizing the strengths of team members
- Improving team productivity
- Practicing effective collaboration with team members

The equipment we use is state of the art wireless technology based on the Military M.I.L.E.S system and promotes team bonding, strategy, interaction of team players and many more features, it is 100% safe as unlike Paintball, it has no projectiles, meaning no bruises, and as such is far more popular with the ladies, and the equipment not only is more accurate over greater distances, it also again unlike Paintball, can provide a computerized printout of each game.

This feedback can be invaluable; it shows who is a team player? Who is a rogue individual? Who has sacrificed themselves for the team?

The games themselves will involve different Types of Team Building Exercises

Communication Exercise

This type of team building exercise is exactly what it sounds like. Communications exercises are problem solving activities that are geared towards improving communication skills. The issues teams encounter in these exercises are solved by communicating effectively with each other.

- Goal: Create an activity which highlights the importance of good communication in team performance and/or potential problems with communication.



Problem Solving/Decision Making Exercise

Problem Solving/Decision making exercises focus specifically on groups working together to solve difficult problems or make complex decisions. These exercises are some of the most common as they appear to have the most direct link to what employers want their teams to be able to do.

- Goal: Give team a problem in which the solution is not easily apparent or requires the team to come up with a creative solution

Planning/Adaptability Exercise

These exercises focus on aspects of planning and being adaptable to change. These are important things for teams to be able to do when they are assigned complex tasks or decisions. • Goal: Show the importance of planning before implementing a solution

Trust Exercise

A trust exercise involves engaging team members in a way that will induce trust between them. They are sometimes difficult exercises to implement as there are varying degrees of trust between individuals and varying degrees of individual comfort trusting others in general.

- Goal: Create trust between team members

Subgroups of Team Building Exercises

- simple social activities - to encourage team members to spend time together
- group bonding sessions - company sponsored fun activities to get to know team members (sometimes intending also to inspire creativity)
- personal development activities - individual programs given to groups (sometimes physically challenging)
- team development activities - group-dynamic games designed to help individuals discover how they approach a problem, how the team works together, and discover better methods
- psychological analysis of team roles, and training in how to work better together

(And combinations of the above)

Team interaction involves "soft" interpersonal skills including communication, negotiation, leadership, and motivation - in contrast to technical skills directly involved with the job at hand. Depending on the type of team building, the novel tasks can encourage or specifically teach interpersonal team skills to increase team performance.

Organizational Development

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In the organizational development context, a team may embark on a process of self-assessment to gauge its effectiveness and improve its performance. To assess itself, a team seeks feedback from group members to find out both its current strengths and weakness.

To improve its current performance, feedback from the team assessment can be used to identify gaps between the desired state and the current state, and to design a gap-closure strategy. Team development can be the greater term containing this assessment and improvement actions, or as a component of organizational development.

Another way is to allow for personality assessment amongst the team members, so that they will have a better understanding of their working style, as well as their fellow team mates.

A structured teambuilding plan is a good tool to implement team bonding and thus, team awareness. These may be introduced by ourselves who specialize in executing teambuilding sessions.

Action Tag Warfare has sites over various parts of the UK and Europe, so your team building session can be as simple as a afternoon at a local site, or a 2-3 days at a foreign destination, coupled with, hotels, conference facilities, including AV equipment etc.

Please contact our head office on 0345 459 3109 for a personalized individual quote for your companies needs.

A typical quote for a small company bringing about 16 employees for a ½ day at a local venue would be approximately only £800 dependent on the venue and duration